



42nd Can-Am International Martial Arts Championships Sport Kickboxing

1) Competition Rules

To ensure the safety of Sport Kickboxing Competitors, the 42nd Can-Am has adopted the following rules:

- All matches consist of 2 rounds, with each round lasting 1.5 minutes (90 seconds), conducted within a standard boxing ring.
- All competitors are to fight one match only. After each match, the 2 competitors will be awarded a championship belt, or a silver medal.
- All matches are to be controlled contact only. The first single excessive contact to receive a warning or disqualification (depending on the severity of the excessive contact); the second single excessive contact will result in disqualification. The referee's decision in this regard is final.
- Competitors are to each bring his/her own mandatory sparring equipment in good condition: protective headgear, 16-ounce sparring gloves, foot pads, groin cup, and mouth guard. All sparring equipment is to pass inspection by the competition supervisor.
- Competitors will be matched in accordance to body weight and skill level that is determined by the number of previous ring-matched fights and years of training.
- Match will be judged by 3 ringside judges on a "10-point-must" system, based on the number of controlled strikes landed, and ring generalship.

- In case of a tie, the competitors are to fight one more round. If tied again, the Referee will make the final decision to select the winner.

2) Requirements For Competitors

As a mandatory requirement for anyone who wishes to compete in any amateur kickboxing matches in B.C., all Sport Kickboxing competitors in the 42nd Can-Am are each to:

- Register with the BC Athletic Commission by submitting a registration form. This procedure is free of charge. The form can be filled out online at <https://www.bcathleticcommission.ca/apply/amateur/>
 - Submit a physical examination form including blood test results
 - Submit the Eye Examination Form
 - Submit Fight Records, if any
 - Submit Photo ID
 - Submit other Information as required by the B.C. Athletic Commission

All forms mentioned above are available at
<https://www.bcathleticcommission.ca/forms/>

Information collected will be kept confidential under the current Privacy Act.

3) Requirement For Referees and Judges

To ensure each referee and judge is qualified to enforce the rules in each Sport Kickboxing match, he/she is required to register with the B.C. Athletic Commission. Registration is free of charge.

Masters and Coaches who are interested in refereeing and/or judging Sport Kickboxing matches in the 42nd Can-Am, please email

canammartialarts@gmail.com

Thank you for your support